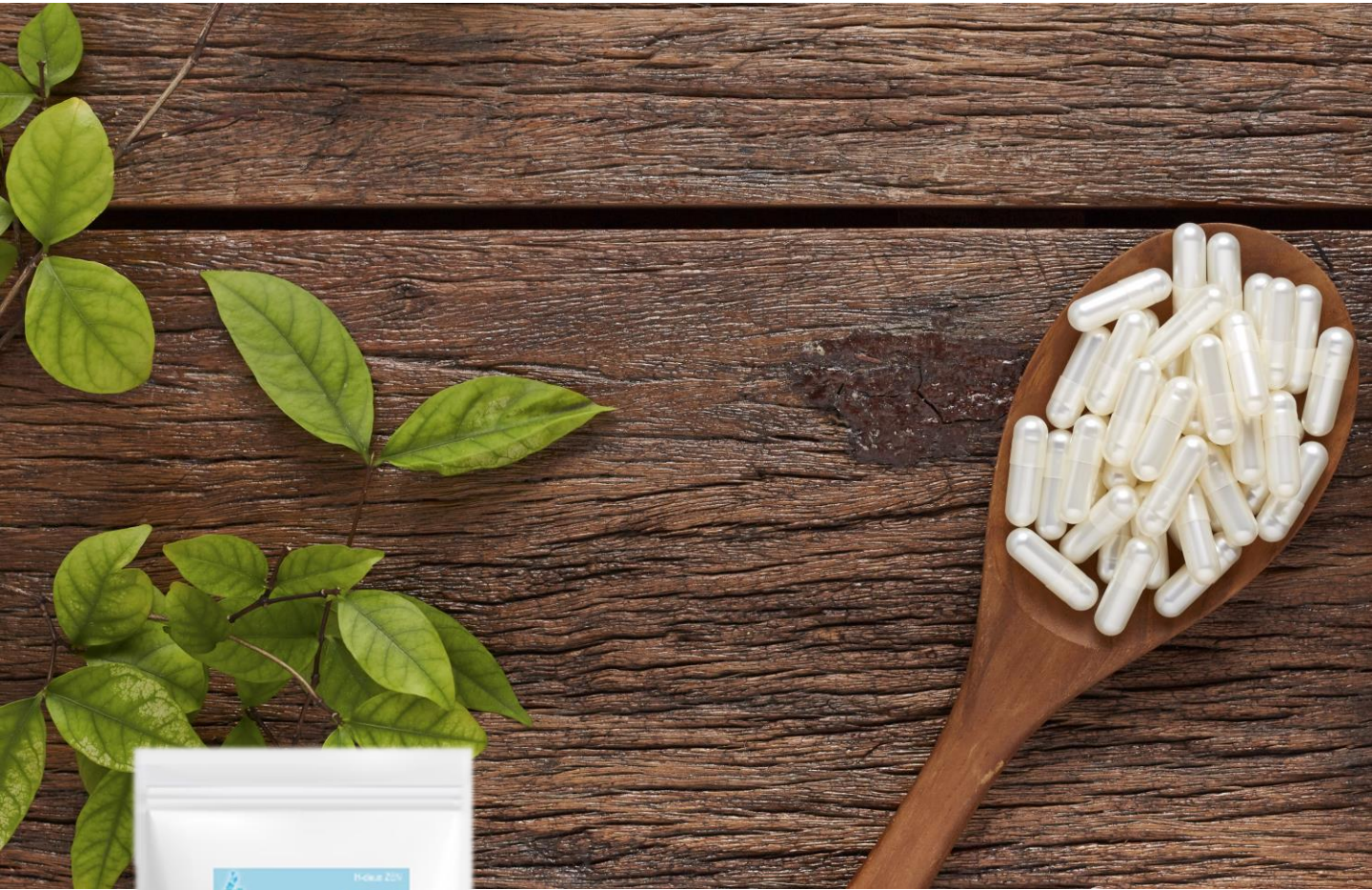


Natural Molecular Hydrogen

Anti-aging, protection,
performance, recovery and
hydratation



H-deux ZEN

Molecular Hydrogen – Premium Selective Antioxidant

Natural Dietary Supplement – Developed in France & Japan - Made in Japan



Developed in France and Japan, H-deux ZEN acts as a selective antioxidant by producing molecular hydrogen (H₂) directly in the stomach. By transforming hydroxyl radicals (OH), the most toxic free radicals in our body, into water molecules (H₂O).

Present in the human body naturally and in the universe, Hydrogen is the smallest and lightest atom in the top left of Mendeleev's Table. It is the smallest molecule in the world, so it can easily penetrate all cells to neutralize hydroxyl radicals selectively.



In 2007, an article published in a renowned American medical journal, Nature Medicine, highlighted the therapeutic benefits of hydrogen on human body. Before this article, there were only 50 scientific studies on this topic, but since the groundbreaking publication in 2007 of Dr. Ota from Japan, hundreds of scientific papers have been written all over the world describing the therapeutic, preventive and curative effects of hydrogen.

Molecular hydrogen is a selective antioxidant whose consumption is safe for the simple reason that the only by-product is water.

Why should I take H-deux ZEN ?

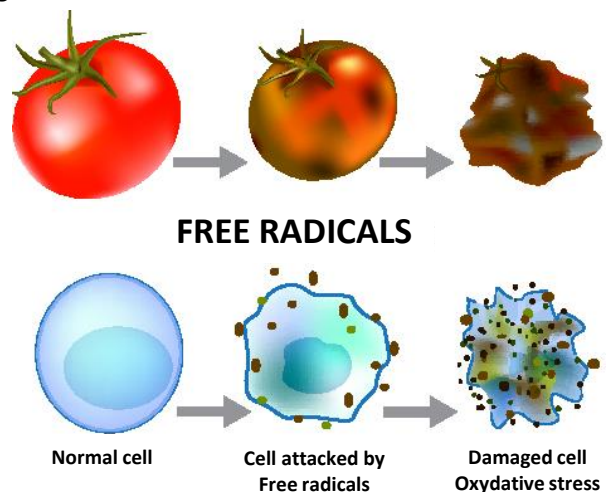
H-deux ZEN plays an important role by **protecting** the body, improving sports and cognitive **performance**, **recovering** the body after a workout, reducing **convalescence** time in case of **injury**, **hydration** of our cells and body and organs and **against aging**.

We need molecular hydrogen to fight our overexposure to oxidative stress and free radicals that we produce and accumulate because of exogenous and endogenous factors.

Exogenous factors : Pollution, Tobacco, Trauma, Unbalanced lifestyle, UV radiation

Endogenous factors : Inflammation, Infection, Immune Deficiency, Stress, Aging

The molecular hydrogen produced by H-two ZEN is natural and selective. Since 2012, our R & D has worked on the development of the first molecular hydrogen food supplement capsule, a Franco-Japanese development with a Japanese production in the strictest requirements and perfection that we know of the Japanese.



The difference between H-deux ZEN and other antioxidants ?

Molecular hydrogen is a **selective antioxidant** that only targets harmful free radicals.

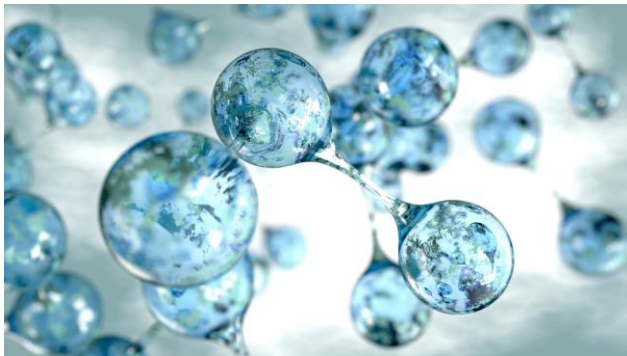
Molecular hydrogen **produces water**, after neutralizing a free radical so that no waste is produced. This process makes it possible to hydrate the cells at the same time.

Molecular hydrogen is **the lightest and smallest molecule in the world**, thanks to these two characteristics, it penetrates and spreads more easily and quickly in our bodies and cells. In comparison with other vitamins, H₂ is 88 times lighter than vitamin C and 215 times lighter than vitamin E.

The last important point concerns the **Zero toxicity**, molecular hydrogen is not harmful to the body, even at high doses no toxic effect was found.

Benefits of Molecular Hydrogen :

- Helps our body absorb nutrients
- Improves muscle recovery
- Improves athletic performance, increase endurance, reduce recovery time
- Improves blood pressure
- Improves the tone of the skin
- Increases energy, mental clarity and concentration
- Reduces headaches
- Reduces the risk of colon, bladder and breast cancer
- Decreases arthritis symptoms, back pain and other symptoms related to chronic diseases
- Facilitates digestion
- Lubricates joints and muscles
- Maintains optimal weight
- Allows better regulation of body temperature
- Reduces muscle fatigue



To date, more than 1000 scientific studies have been published, many researchers have been able to show the effects of molecular hydrogen in more than 170 models of human and animal diseases:

Alzheimer's, arthritis, type 1 and type 2 diabetes, Parkinson's, asthma, heart disease, kidney disease, stroke, cancer, tumors, psoriasis, dermatitis, shock bleeding, Crohn's disease, cirrhosis of the liver, pancreatitis, cardiac arrest, neuropathy, multiple sclerosis, hepatitis B, atherosclerosis, cataract, hypertension, gum disease, Traumatic brain injury, subarachnoid hemorrhage (aneurysms), childhood lung disease, lymphoma, retinitis, painful bladder syndrome, osteosclerosis, osteoarthritis, osteoporosis, glaucoma, hypertension pulmonary fibrosis, autism, depression, bipolar disorder, anxiety, schizophrenia, inflammation, muscle fatigue, increased ATP production, soft tissue injury, burns , seasonal allergies, t autoimmune rubles, insulin resistance, hearing loss, ulcers, sleep apnea, ...

Our natural minerals blend already produces Molecular Hydrogen directly in the body of more than 30,000 people in Japan



Nutrition component indication Per capsule (263 mg)

Energy	0.274 Kcal
Protein	0 g
Lipid	0 g
Carbonhydrate	0,067 g
Salt	0.1 g

Ingredients : Sodium hydrogen carbonate, starch, indigestible dextrin, oligosaccharide, citric acid, fine silicon dioxide

No GMO, no lactose and no gluten

Directions of use : Adult take 2~6 capsules daily before meals or as directed by a qualified healthcare professional to improve health, wellness and performance.

Precaution : If you are nursing, pregnant, taking medication, or have a medical condition, consult your physician before taking this product. This product is not intended for use by persons under 18. For optimal storage conditions, store in a cool, dry place (59°-77°F/15°-25°C) (35-65% relative humidity). The product should not be exposed to direct sunlight. Keep out of reach of children. Take H-deux Zen and be aware of the importance of a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dose without the supervision of the health care provider.

Serving per pack : 10 or 60 capsules of 263 mg

Scientific references :

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This document is for the use of health professionals

